



BACKTRACK

SINCE 1883

TO START & SHARE

CRISPY CHICKEN WINGS • \$14

Garlic Parmesan, Sriracha Hot, Salt & Pepper, House BBQ.

With Celery, Carrots, & Parmesan Dip

THE TRACK NACHOS • \$18 Half Order • \$14

Tricolore Corn Tortilla, formagio, pickled jalapeno, Pico de Gallo, black olives, silvered scallion, cheese sauce, taco sauce

Add: Spicy Beef or Cajun Chicken \$5

ASIAN CHICKEN LETTUCE WRAP • \$10

3 Butter Head Lettuce, P.F Changs Chicken, Green Onion, House Ranch

SALT & PEPPER BONE IN DRY RIBS • \$13

Crispy marinated Pork Ribs, salt, cracked pepper with a side of house ranch

SPINACH & ARTICHOKE DIP • \$12.5

Spinach & Artichoke Formagio, Tricolore Corn Chips

SALADS

CAESAR SALAD • \$10.5

Charred Vegetable Caesar Dressing, Smoked Bacon, Herbed Croutons, Grana Padano.

TRACK HOUSE SALAD • \$12

Artisan Lettuce, Carrots, Cucumber, Sun-dried fruits, Sunflower Seeds. Dressed Feta Honey Vinaigrette

ADD:

GRILLED CHICKEN • \$6

SHRIMP • \$7

7 OZ STEAK • \$9

SALMON • \$7

TACO SALAD • \$12

Flour Bowl substituted for Corn Torilla's, Shredded Iceberg, 2 Formagio, Pico De Gallo, Pickled Jalapeno, Avocado, Sour Cream Dressing, Scallion

Add: Spicy Beef or Cajun Chicken \$5

CITRUS SALMON SALAD • \$16

4 ounces of Salmon, Artisan Lettuce, Grapefruit, Orange, Cucumber, Red Onion, Fennel, Avocado, Feta Cheese.

Dressed with Dill Vinaigrette



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BURGERS & SANDWICHES

Gluten Free Bun or Bread \$2.5

GRILLED CHICKEN BURGER • \$16

Kaiser bun, Smoked Bacon, Cabbage slaw, dijonaise, Pickle, Aged Cheddar, Sriracha Aioli

BUILD YOUR OWN BURGER • \$12.5

House Ground Beef Patty, Brioche Bun, Ice Berg Lettuce Burger Sauce, Sliced Bistek Tomato

Add on:

Swiss Cheese - Mozzarella - Old Age Cheddar - American Cheese • \$1

Sauteed Mushroom • \$1

Sauteed Onions, Dill Pickles, Jalapeno, Banana Peppers • \$0.5

Extra Patty • \$6

Smoked Bacon • \$3

STEAK SANDWICH • \$18

7 oz Alberta Prime Sirloin, Texas Toast, Crispy Onion

ROASTED TURKEY CLUB • \$15

Roasted smoked turkey breast, Old Bay remoulade, Iceberg lettuce, Tomato, Crispy Bacon, Swiss Cheese, on Triple Stacked Brown Bread

GRILLED SALMON & CHEVRE • \$17

Brioche bun, Old Bay roulade, smoked bacon, tomato, crisp iceberg lettuce, pickled vegetables

CHOICE OF SIDE: CAESAR SALAD • HOUSE SALAD • FRENCH FRIES • YAM FRIES

NOODLES/RICE/GRILLED

Please be aware that Gluten Free pasta has a cook time of 20 minutes

CHICKEN PARMIGIANA • \$17

Breaded Chicken Breast, House tomato Sauce, Mozzarella Cheese Gluten Free Noodles.

BAKED MAC'N CHEESE • \$15

Gluten Free Noodles, Cheddar Cheese Sauce
Add: Bacon or Chicken \$3

FETTUCINI GARLIC CREAM • \$14

Gluten Free Noodles, Creamy Garlic Sauce, Parsley
Add: Shrimp \$5 or Chicken \$3

BUTTER CHICKEN • \$17

Basmati Rice, Creamy Made in House Butter Chicken

THAI GRILLED CHICKEN BOWL • \$17

Coconut Green Curry Sauce, Rice Noodles,

BOURBON BABY BACK RIBS

Served with French Fries and Coleslaw

Full Rack \$24

Half Rack \$18

DESSERTS

PANNA COTTA • \$7

Choice of flavour:
Mango, Blueberry or Strawberry

TRIO CREME BRULEE • \$8

Green Tea•Chocolate•Vanilla